



O2X HUMAN PERFORMANCE SPECIALIST

1099 Independent Contractor

WHO WE ARE

At O2X, we improve the lives of tactical athletes through world class Human Performance programs. Our work extends to over 100 federal, military, and municipal organizations, where we aim to cultivate a culture of wellness, support healthy lifestyles, and reduce healthcare costs linked to injuries and illnesses. Rooted in our shared passion for improving lives, our team dedicates itself to continuous improvement, striving to make our clients, and ourselves, 1% better every day.

THE ROLE

Provide education and training for various first responder, athletic, and military units. An O2X Human Performance Specialist must gain thorough knowledge of O2X mission, offerings, client motivation, and curriculum pillars. The Specialist will work in close collaboration with O2X leadership and product team to successfully execute his/her role facilitating on-site training across the country. The role could include some travel to conduct events and time commitment varies based on conversations with leadership and schedule availability of contractor.

KEY RESPONSIBILITIES

- Assist in educational workshops for first responders
- Provide experiential learning and hands-on training during workshops
- Have a thorough understanding of the populations with which O2X works
- Have a thorough understanding of the comprehensive elements of the O2X curriculum
- Ability to present, speak professionally, and represent O2X company
- Create feedback loops to improve/streamline processes
- Ensure readiness and successful execution of program and course objectives
- Identify, propose, and implement new methods, technologies, studies, and tools to enhance offerings
- Organize and streamline functions related to execution and content delivery
- Communicate curriculum recommendations to operations leadership

MINIMUM REQUIREMENTS

- Credentials vary based on topic of expertise:
 - Athletic Trainer: ATC
 - Strength and Conditioning Coach: CSCS
 - Nutrition: RD or RDN
 - Mental Performance: CMPC or CMPC eligible
 - Clinical Resilience: Psy.D or LCSW
 - Physical Therapist: DPT
 - Sleep Specialist: PhD. with experience in sleep research
 - Yoga Specialist: iRest
- Extensive experience in teaching and leading human performance training
- Experience with human performance training and education and / or operation functions associated with military, first responder, or other elite organizations
- Demonstrated project management skills and strong problem-solving skills
- Proven verbal and written communication skills

DESIRED TRAITS AND SKILLS

- Passionate about joining the O2X team and mission serving tactical athletes
- Professionalism and maturity
- Self-awareness and ability to self-correct
- Ability to effectively relay and communicate feedback to the team and individuals
- Positive and 'Can Do' attitude
- Inclusive, helpful and team-oriented mindset
- Self-motivated, high energy, aspiration to succeed
- Superior organization and multitasking skills
- Ability to work under pressure in a fast-paced environment
- Proactive and persistent
- Creative and innovative, with a desire to enhance the customer experience
- Excellent communicator with the ability to develop lasting internal and external relationships
- Ability to lead by influence
- Flexible and adaptable: Team Player
- Ability to think critically
- Strong time management
- Proficient in basic computer skills required for the role (PowerPoint, Word, Excel)