



ON-SITE HUMAN PERFORMANCE SPECIALIST

Full-Time – Openings Nationwide

Looking to make an impact in the lives of tactical athletes? Join our on-site team to serve alongside the men and women who keep our communities and nation safe.

O2X Mission & Overview

At O2X, we improve the lives of tactical athletes through world class Human Performance programs. We work with a wide range of clients, including more than 100 federal, military, and municipal organizations to elevate culture, support healthy lifestyles, and reduce healthcare costs associated with injuries and illnesses. Fueled by our shared desire to help others, our team strives to make our clients (and ourselves) 1% better every day.

O2X Human Performance is seeking experts from all human performance backgrounds for full-time and part-time positions within police and fire departments; local, state, and federal agencies; and the military. Strength and conditioning coaches, physical therapists, athletic trainers, performance nutritionists, swim and running coaches, sleep science professionals, mental performance specialists, yoga instructors with tactical population experience, resilience experts, and program managers with tactical/special operations experience are all encouraged to apply.



Job Description

An O2X On-Site Human Performance Specialist must be a self-starter who thrives in a fast-paced environment. The ideal candidate will be an expert in his or her field, knowledgeable and passionate about human performance and training, as well as have a data-driven understanding of all aspects of HP. The Human Performance Specialist will be one of the go-to people at O2X and is an integral part of helping our clients improve the physical, mental, and emotional health of their members.

O2X On-site Human Performance Specialists are placed within departments, agencies, and organizations to work full-time and provide specific support to members in their areas of expertise. The role requires daily interaction with tactical athletes and leadership to train, equip, and prepare the population for optimal performance in their jobs. This includes targeted resources within the specialists' primary areas of focus, but also general performance guidance and coordination with the entire O2X network of industry-leading experts.

Key Responsibilities

- Enhance the readiness of all client agency members. Design, implement, document, and provide direct daily oversight of all human performance services utilizing O2X methodical approach for required level of peak and sustained performance and conditioning of client agency members
- Provide ongoing, objective feedback to the O2X team as well as client agency leadership
- Inspect, monitor, and evaluate information, work-related conditions, and health and wellness equipment
- Participate in periodic meetings with both the client and O2X to review the care provided to the tactical athlete and identify opportunities for improvement
- Serve as conduit between O2X and the client, access point to entire network or O2X personnel and resources
- Direct O2X Human Performance workshop graduates to help disseminate and educate health, fitness, and safety training for all department personnel
- Conduct research, testing, and analysis to make recommendations on if members are fit for duty or need additional assistance through a health care professional
- Assist with the preparation of short and long-term fiscal plans for human performance programs
- Submit input to improve process, efficiency, and impact to O2X Human Performance team as well as client agency
- Conduct and coordinate fitness evaluations and O2X Readiness Assessment to development individual programs specific to tactical athletes
- Develop physical preparedness programs and coordinated training continuum with a focus on increased performance, longevity, and productivity
- Organize human performance-based testing, evaluation, and integration into performance enhancement tools
- Provide recommendations on human performance initiatives and programs to the client
- Consistently conduct research and integration of data-driven understanding of human performance
- Provide detailed regular up-to-date reporting, key performance indicators, client metrics, and communication to O2X
- Utilize O2X's proprietary Tactical Performance App efficiently and effectively to provide programs and information to the client, as well as end user feedback to O2X

Requirements

- Minimum Bachelor's Degree in related field
- Certifications required for practice in area of expertise (CSCS, ATC, RD, CPR/AED, etc)
- Demonstrable accumulated experience with individual athletes and groups of athletes at the levels of NCAA Division I, Olympic, professional, first responder, and/or SOF operators in the accompanying, respective setting (3+ years preferred)
- Lifelong passion for training, human performance, and athletics
- Up-to-date technical knowledge of web, mobile, and software technologies integration of human performance / conditioning

- Experience or contacts in web / tech based human performance project tools
- Demonstrated project management as well as strong problem-solving skills
- Solid understanding of human performance metrics
- Contacts within the athletic and sports conditioning fields
- Proven verbal and written communication skills in English

Desired traits

- Passionate about joining the O2X team and making impact on tactical athlete's lives
- Self-motivated, high energy, aspiration to succeed
- Ability to work autonomously
- Superior organizational and multitasking skills
- Ability to work under pressure in a fast-paced environment
- Creative and innovative, with a desire to enhance the customer experience
- Excellent communicator with the ability to develop lasting internal and external relationships
- Ability to lead by influence
- Flexible and adaptable: Team Player
- Ability to travel as required
- Capable of meeting physical demands of training unit members

Compensation and Benefits

- Competitive base compensation
- 401k with company contribution
- Health benefits
- Paid Federal Holidays
- Paid Time Off